

Beth Sullivan Designs

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T-Shirt Quilt Workshop Supply List – 6 Hours

- **Shirts!** In addition to regular T-shirts, please feel free to gather other kinds of clothing and cloth items. Prewash all items with no fabric softener and no dryer sheets.
- ***Interfacing:** I use Stabili-Tee (non-woven) as well as *Pellon 906F (non-woven) for most of my quilts. I will also use *Pellon Shape-Flex (woven) if the item is very thin or has issues. Quantity is determined by the number of items you have. In general, plan on about ½ a yard per item for bigger logos. 12 shirts = 6 yards assuming the interfacing is 20” wide. Sometimes it comes in 60” widths. Or one package of Stabili-Tee would work as well. Feel free to get whatever thin, non-woven, one-sided fusible your quilt shop carries. Get some woven interfacing if you have very thin shirts or those with little holes.
- ***Press cloth:** Thin, cotton press cloth. NOT an appliqué pressing sheet.
- **Small bowl or spray bottle for water**
- **Fabric scissors**
- **Rotary cutter & large cutting mat**
- ***Large square ruler** – My absolute favorites are the Creative Grids 16.5” or 20.5” squares. The larger one in particular is amazing. It’s pricey but I use it all the time. Any large square ruler of similar size will be fine. If you are looking to purchase just one, consider the Creative Grids 18.5” size. I will have a limited number of rulers for sale.
- **Pins**
- **For Variable Layout Quilts only:**
 - **Graph paper (multiple sheets or a pad)**
 - **Pencil**
 - **Colored pencils**
 - **Paper scissors**
 - **Clear tape**
 - **Small envelope or baggie**
- **Iron or steam press:** I will bring my steam press to share but we don’t want a long line to use it so bring your iron or steam press if you have one.
- **Ironing pad or ironing board and muslin:** You need something to protect the ironing surface.
- **Sewing machine and sewing supplies:** Make sure you have a variety of thread colors on hand in case you need to satin stitch patches. You will also need straight stitch and appliqué feet.

- **Jersey needles:** I like size 80/12
- **Fabric:** You are designing your own quilt. Therefore, each person will have a different quantity of fabric required. These are estimates so you can get an idea of the quantities. Your quilt may require different amounts depending on border sizes, sashing widths, etc.

Generally, I make sure I have at least these amounts for a twin-size quilt. These are generous. There will be scraps. I want to make sure you have enough!

- **Primary front fabric:** (Outer borders, sashing or fill fabrics, binding) – Assuming a twin quilt, 4 yards at the most for a grid with sashing. 3-1/4 yards at the most for a variable layout quilt.
- **Inner Border:** 2/3 yard
- **Backing Fabric:** 5-1/2 yards
- **Optional fill fabric:** (Variable layout only) 1-3 fat quarters that are similar in color and tone to the outer border

Optional:

- **Fusible spray or *heat sensitive fusible:** I use *Wonder Under or 505 spray but anything similar is fine. You will only need this if you are making patches from small logos onto bigger shirts.
- ***Cotton fabric (white, black, gray, or other plain color) for mounting:** Once again, only used in the cases of V-necks, tank tops, etc.

***Items marked with a star will be available for sale from me if you need them.** Please feel free to purchase from your local quilt shop instead prior to class. Some people may not get to some items. For example, if you have a lot of block prep and planning, you may not get to use your fabrics.