



Quilters' Connection

QC Winter Workshop Saturday, February 6, 2021

AM

The Basics of Reverse Applique on an 8x8" Sample.

Deborah Rocha

Reverse applique can be a very useful technique to have in your repertoire. I use it mostly for creating text. It is needle-turn applique. In regular applique, you add a shape to the piece by sewing it down using small nearly invisible stitches. In reverse applique you begin with two pieces of cloth basted together, you cut along the pattern line on the top cloth, and then needle-turn it under to sew it down. The hands-down masters of this technique are the Hmong craftswomen, and I've included two Hmong items in the picture for you to see.

Materials List:

- 2 pieces of cloth 8"X8" in contrasting solid colors. For best results the top layer should be finely woven (like the fabric used for batik).
- A hand-sewing needle you love to use and thread that contrasts with both of the cloth colors. You are going to be making a sample, and you want to see your stitches so that you can refer to them in the future.

To do prior to class:

- Make sure your cloth is washed and free of sizing
- Trace the design for the sample on the cloth that will be on top. Use a pen or pencil – your traced lines are the cutting line and will not show in the finished product
- Follow the basting direction on the design and baste your pieces of cloth together – the basting stitches will be removed once the sample is complete.

That's all you need for this workshop! Cloth, needle, thread! The beauty of reverse applique is its portable nature.

Instructions for Reverse Applique Sample

1. Cut two squares of fabric 8" X 8". These should be contrasting colors, and should either be solid colors, or read as solid colors.
2. Trace the heart pattern onto the top fabric. You can use a pencil and trace the line, because that line will be the cutting line in the applique process.
3. Place the top fabric onto the bottom fabric, lining them up. Fabric tends to stick together when it is pressed together, so take the time to sprat a little water onto your sample and iron it with as hot an iron as it will bear.
4. Baste the fabric roughly ½" away from the line you have drawn. Baste on both sides of the line. (Please see the photo.)
5. Your sample is ready for the workshop! Hopefully we can all sit by a sunny window on a lovely day – bright light is essential. All you need to bring is thread (I suggest using a contrasting color so that you can study your stitches), your favorite hand-sewing needle, some sharp-pointed scissors, desire and patience! If needed, good reading glasses are a boon...

The Basics of Reverse Applique on an 8x8" Sample - Deborah Rocha



Rocha_sample.jpg

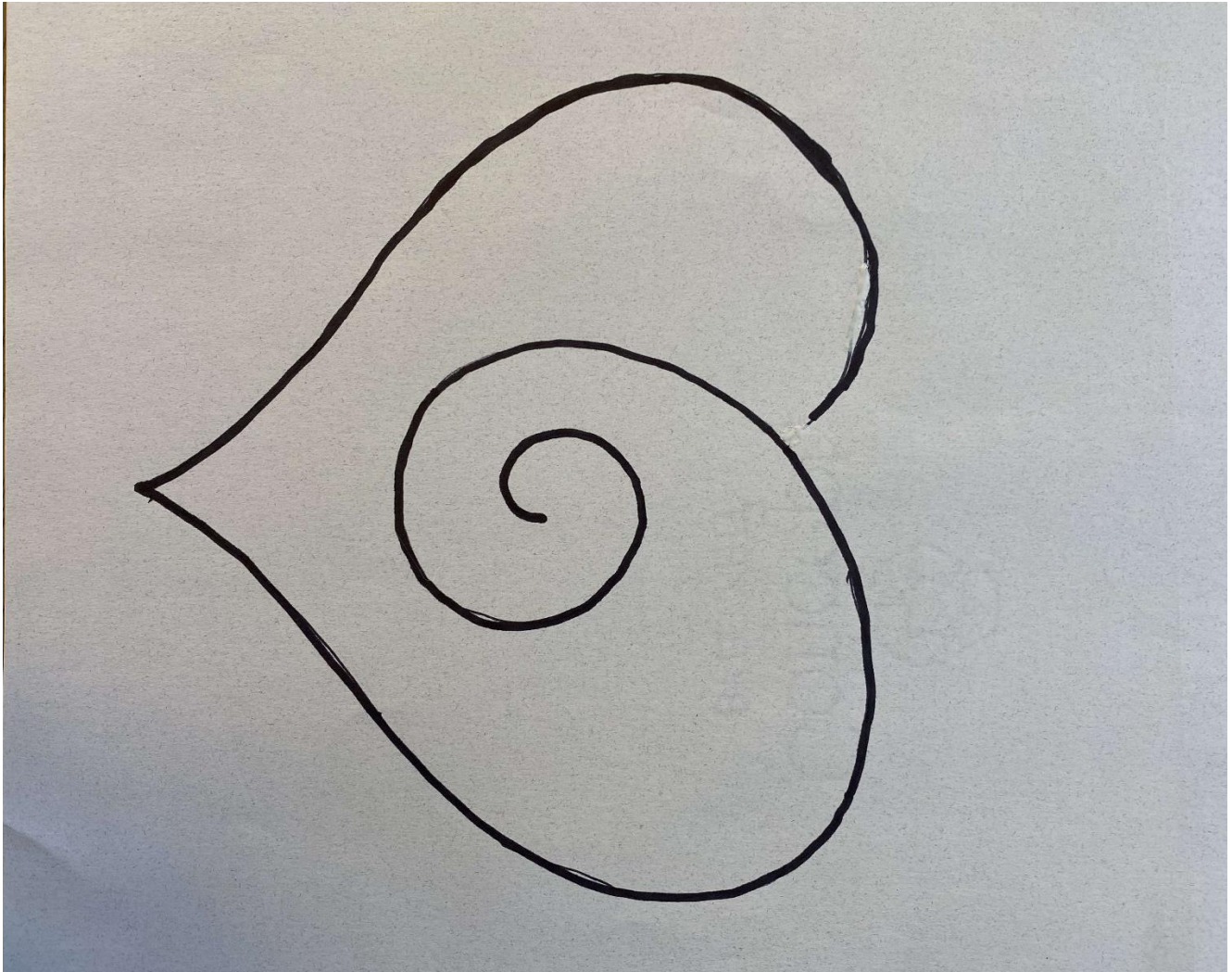
The Basics of Reverse Applique on an 8x8" Sample - Deborah Rocha



Rocha_detail.jpg

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This pattern can be downloaded and scaled to the size you need by clicking on this image.



[Rocha_pattern.jpg](#)